

From: Chemts <chemts-bounces@list.pitt.edu> **On Behalf Of** Hay, Christie
Sent: 10/08/2021 6:15 PM
Subject: FW: Mental Health Champion Certificate Program

Hello everyone,

Apologies if you have received this information previously. UCC is offering a Mental Health Champion Certificate program. This 5-hour virtual program offered by the Counseling Center is designed to provide staff, faculty, and students more extensive knowledge and skills to be champions of mental health at Pitt. Register for a Cohort One or Two through October 28, 2021. Please share with your departments.

<https://www.studentaffairs.pitt.edu/cc/supportstudents/>

Mental Health Champion Certificate Program

This virtual program is designed to provide staff, faculty, and students more extensive knowledge and skills to be champions of mental health at Pitt. Participants will have an opportunity to:

- Learn ways to increase student well-being and promote human flourishing
- Learn how to support students experiencing mental health concerns
- Build relationships with other mental health champions across campus

Registration for Fall 2021 cohorts are open now!

Please note, participants must register and complete each part of the program in sequential order to receive a certificate. Please register for the cohort that best fits your schedule. Registration closes on October 28, 2021.

Cohort 1 – Click here to register

- Increasing Student Well-Being and Promoting Flourishing
November 4th | 5:00-7:00 p.m.
- Supporting Student Mental Health and Responding to Crisis
November 18th | 5:00-7:00 p.m.
- Capstone
December 2nd | 5:00-6:00 p.m.

Cohort 2 – Click here to register

- Increasing Student Well-Being and Promoting Flourishing – Part One
November 1st | 12:00-1:00 p.m.
- Increasing Student Well-Being and Promoting Flourishing – Part Two
November 8th at 12pm | 12:00-1:00 p.m.
- Supporting Student Mental Health and Responding to Crisis – Part One
November 15th | 12:00-1:00 p.m.
- Supporting Student Mental Health and Responding to Crisis – Part Two
November 29th | 12:00-1:00 p.m.
- Capstone
December 6th | 12:00-1:00 p.m.

All the best,
Philippa
Philippa K. Carter
Director of Diversity Initiatives and Academic Affairs

Ombudsperson
Kenneth P. Dietrich Graduate School of Arts and Sciences
5141 Sennott Square
210 South Bouquet Street
Pittsburgh, PA 15260
412-624-6096
F:412-624-6855
Pk3@pitt.edu